

## JOB DESCRIPTION

<b>Job Title:</b>	Registered Dietitian
<b>Location:</b>	Norwich/Norfolk
<b>Reporting to:</b>	Manager/CEO
<b>Main Relationships:</b>	Service Users, Families & Carers, Counsellors, Manager, CEO

### Role and Responsibilities

- Assess and advise clients on any nutritional or dietetic matters that is pertinent to their situation or which they wish to discuss, with a view to: -
  - reducing anxiety and self-disgust and improving self esteem
  - improving nutritional status and enjoyment of food
  - preventing admission to hospital,
  - preventing ill-health, both short and long term
  - improving understanding of their own bodies and nutritional requirements
  - The client may be on a waiting list for counselling or already seeing a counsellor. Access is given to the assessment each client has already had within Eating Matters.
- Keep notes which are then stored with client file at Eating Matters in accordance with GDPR regulations,
- Provide notes or handouts, or send summary email for client if necessary
- Liaise with counsellors as needed – face to face, phone, email – and provided client gives permission. Print correspondence and add to file
- Liaise with GP or other medical professionals if required
- Provide staff education as requested
- Be an expert source of nutritional information for clients and staff
- Handle client personal data in accordance with Data Protection laws
- Keep up to date with policies and procedures followed by Eating Matters

### Qualifications and Education Requirements

Degree in Nutrition and dietitian registered with HCPC  
Enhanced DBS check.

### Preferred Skills

Band 6 or 7

Experience working with people with eating disorders.

Computer literate – Word, Zoom, emails, Teams

Conversant with food analysis