



JOB TITLE: Registered Dietitian

HOURS: Negotiable (approximately 15 hrs per month)

CONTRACT TYPE: Sessional/self-employed

LOCATION: Norwich/Norfolk

HOURLY RATE: £35

DBS CHECK: Enhanced Child and Adult Workforce

ABOUT THE ORGANISATION: Eating Matters is a Norfolk charity providing early intervention counselling for people age 11+ suffering with mild to moderate eating disorders/disordered eating. Our primary aim is to intervene early to avoid eating disorder behaviours becoming unmanageable and having a serious impact on a person's physical and mental wellbeing. We have a Centre in Norwich, housing counselling rooms and our administrative offices; we also work from satellite locations across the county. We are flexible in how we meet with service users for counselling, preferably face-to-face and since the pandemic, virtually.

ABOUT THE ROLE: For the past few years we have been fortunate enough to secure private funding to support the role of a specialist eating disorder dietitian; offering 1 or 2 sessions to some of our clients (where appropriate) while they are receiving counselling or on our waiting list for counselling. This involves working in unison with the client's counsellor to complement their work and progress recovery for the client. We envisage the meetings being mostly in person at our premises in Norwich.

We believe registered dietitians have an important role in eating disorder treatment and are thrilled that we can offer this service to those who may not be able to afford a private referral. The sessions through Eating Matters will aim to help our clients to understand their eating disorder, challenge beliefs around food and body image, re-educate on nutrition and challenge abnormal behaviours particularly those that are dangerous and life threatening. The sessions will offer practical advice in an empathic and non-judgemental way.

HOW TO APPLY: Please email your CV and covering letter explaining why you would be suitable for this role to Yolande Russell – CEO, director@norfolkeda.org.uk

Closing date for applications 31/05/2024