

eating matters

What we would be looking for in a candidate

Job Title:	Parent / Carer Chair and Co-Chair facilitators (2 X roles)
Location:	Norfolk & Waveney – mostly working online
Reporting to:	CEO/Operations Manager

The person appointed to this post would normally be expected to meet the following:

Knowledge	Essential / Desirable
An understanding of eating disorders and the impact this can have on children, young people and their families	E
Knowledge of Eating Disorder Services in Norfolk and Waveney	D
A good understanding of safeguarding issues and a commitment to Eating Matters procedures for promoting and safeguarding the welfare of children and vulnerable adults	E
An understanding and commitment to the importance of engaging in your own supervision and the benefits of reflective practice.	E
Use of social media and ethics surrounding the use for business	D
Knowledge and experience of using online platforms	E
Experience	
Lived experience as a parent/carers of a child or young person with an eating disorder or disordered eating.	E
Your loved one may have had experience of being treated in an inpatient setting, but this is not an essential requirement	D
You will be able to attend via an online platform and/or in person at meetings held in Norfolk/Waveney	E
Experience of delivering group work/training and/or facilitating meetings.	E
Experience of working with other agencies and services to provide support to parents and carers.	D
Use of ICT including Microsoft Office packages (word, PPT, Teams, Excel) and other relevant software	E

Personal characteristics	
Emotional maturity and range of life experiences	E
Ability to remain calm under pressure	E
Patient, non-judgemental, respectful and compassionate	E
Ability to learn quickly about the organisation and a willingness to learn	E
High level oral and written communication skills	E
High standards of professionalism, confidentiality and discretion	E
Flexible and Reliable	E
Able to maintain professional boundaries and work to a code of conduct	E
Ability to use initiative	E
Other	
Ability to work outside of regular business hours and to be flexible to meet the needs of the service	E
Willingness to complete peer support training plus further training relevant to the role	E